

Long term plan

Subject: **Health & Social Care**

	Year 9	Year 10	Year 11
LC1	<p>Week 1: My flight path in health and social care. Week 2: Current topic in H&S care - COVID 19 Week 3: The history of the NHS and World Health Organisation Week 4: Young Carers Week 5: How charities support H&S care. Week 6: Assessment week Week 7: Introduction of Component 1.</p>	<p>Component 2: Health and social care services and values LA:A: Understand the different types of health and social care services and barriers to access them. LA:A1 Health and social care services Week 1: Primary Care Week 2: Secondary and tertiary care/Allied health professionals Week 3: Services for children and young people/adults or children with SEN Week 4: Services for older adults Week 5: Informal social care Week 6: C2 LA:A1 Knowledge check Week 7: GAP</p>	<p>Component 3: Health and wellbeing LA:B: Interpreting health indicators Week 1: Health indicators, resting pulse rate and recovery rate/ Blood pressure Week 2: Peak flow/BMI Week 3: Using published guidelines to interpret health indicators/Risks to physical health Week 4: Interpreting lifestyle data/ Smoking/ Week 5: Alcohol/inactivity Week 6: LA:A and LA:B assessment Week 7: GAP WORK LA:A & LA:B</p>
LC2	<p>Component 1: Human Lifespan Development Learning Aim A1: Understand human growth and development across and the factors that affect it. Week 1: A1 - Main life stages Week 2: A1 - Physical development in different life stages Week 3: A1 - Intellectual/cognitive development Week 4: A1 - Emotional development in different life stages Week 5: A1 - Social Development in different life stages Week 6: Knowledge check LA:A Week 7: LA:A Gap</p>	<p>Component 2: Health and social care services and values LA:A: Understand the different types of health and social care services and barriers to access them. A2: Barriers to accessing services Week 1: Physical barriers and sensory barriers Week 2: Social, cultural and psychological barriers, Language and geographical barriers Week 3: Intellectual barriers, resource barriers and financial barrier Week 4/5/6: C2 LA:A Assignment Week 7: LA:A GAP (resubmissions)</p>	<p>Component 3: Health and wellbeing LA:C: Health and well-being improvement plans Week 1: The importance of a person centered approach/recommending actions to improve health and well-being Week 2: Short/Long term targets/ Sources of support Week 3: Potential obstacles/emotional or psychological obstacles/ time constraints Week 4: Available of resources/Unachievable targets/Lack of support Week 5: Ability/disability and addiction/ Barriers to accessing identifies services</p>
LC3	<p>Component 1: Human Lifespan Development Learning Aim A2: Factors affecting growth and development Week 1: Physical factors which affect growth and development Week 2: Social and cultural factors that affect human growth and development Week 3: Economic factors that affect human growth and development Week 4/5/6: LEARNING AIM A OFFICIAL ASSESSMENT Week 7: GAP LA:A</p>	<p>Component 2: Health and social care services and values LA:B: Demonstrate care values and review own practice LA:B1: Care values Week 1: Empowering and promoting independence Week 2: Respect for others Week 3: Maintaining confidentiality/ Preserving dignity/Effective communication Week 4: Safeguarding and duty of care, promoting anti-discriminatory practice. Week 5: Applying care values in a compassionate way Week 6: Knowledge</p>	<p>STUDENTS WILL COMPLETE INTERLEAVING REVISION IN PREPARATION FOR THEIR FEBRUARY EXAMINATION:</p> <p>OFFICIAL EXAM WINDOW: FEBRUARY</p>

	(RESUBMISSIONS)	check LA:B1 Week 7: GAP LA:B1	
LC4	<p>Component 1: Human Lifespan Development Learning Aim B1: Investigate how individuals deal with life events</p> <p>Week 1: Types of life events through the life stages</p> <p>Week 2: Types of life events (relationships)</p> <p>Week 3: Types of life events (Parenthood)</p> <p>Week 4: Types of life events (redundancy)</p> <p>Week 5: Types of life events (moving schools/retirement)</p> <p>Week 6: Knowledge check LA:B1</p> <p>Week 7: GAP LA:B1</p>	<p>Component 2: Health and social care services and values</p> <p>LA:B: Demonstrate care values and review own practice</p> <p>LA:B2: Reviewing own application of care</p> <p>Week 1: Working together/ Making mistakes</p> <p>Week 2: Reviewing own application, Receiving feedback/Using feedback</p> <p>Week 3/4/5/6: LA:B Assignment</p> <p>Week 7: GAP LA:B</p>	
LC5	<p>Component 1: Human Lifespan Development Learning Aim B2: Coping with changes</p> <p>Week 1: How people react differently to the same life events</p> <p>Week 2: Types of support; Informal support</p> <p>Week 3: Formal sources of support</p> <p>Week 4: Sources of voluntary support</p> <p>Week 5/6/7/8: C1 LA:B Assignment</p> <p>Week 9: GAP</p>	<p>Component 3: Health and wellbeing</p> <p>LA:A Factors that affect health and wellbeing</p> <p>Week 1: Definition of health and wellbeing, Genetic inheritance, ill health</p> <p>Week 2: Diet/Exercise</p> <p>Week 3: Substance use/ Personal hygiene/Social interactions</p> <p>Week 4: Stress/Willingness to seek help or access services/Financial resources</p> <p>Week 5: Environmental condition/Housing</p> <p>Week 6: The impact of life events relating to relationship changes/ Assessment</p> <p>Week 7/8/9: LA:A GAP</p>	